



# AUGUST 2025

## WOODSON YMCA CAMP STURTEVANT MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 9	<b>4</b> Cinnamon Toast Crunch Banana & Milk  Popcorn Chicken, WG Dinner Roll Corn, Pineapple, & Milk  Ritz Crackers, String Cheese Water	<b>5</b> WG Strawberry Bagel Blueberries & Milk  Cheeseburger on WG Bun TaterTots, Peaches & Milk  Hard Pretzels & Apple Juice	<b>6</b> Trix (WG), Clementine's & Milk  Scalloped Potatoes w/ Diced Ham, WG Dinner Roll, Carrots, Pears & Milk  Tortilla Chips w/ Salsa & Water	<b>7</b> WG Blueberry Muffin Appleslices & Milk  Chicken Alfredo WG Garlic Bread, Peas, Mandarin Oranges & Milk  Ranch Oyster Crackers & Water	<b>8</b> Cheerios (WG) Banana & Milk  WG Mac and Cheese Diced Ham, Mixed Veggies Mixed Fruit & Milk  Graham Crackers, Cantaloupe & Water
	<b>11</b> Cinnamon Toast Crunch Banana & Milk  Chicken Nuggets, WG Dinner Roll, Corn, Pineapple, & Milk  Rice Crispy Treat & Water	<b>12</b> WG Banana Bread Blueberries & Milk  Chicken Pot Pie on WG Biscuit, Green Beans, Peaches & Milk  Cheetos & Grape Juice	<b>13</b> Trix (WG), Clementine's & Milk  Hot Ham and Cheese Sandwich on WG Bread Carrots, Pears & Milk  WG Cinnamon Oatmeal Round & Water	<b>14</b> WG Banana Muffin Appleslices & Milk  WG Ravioli w/ Marinara Mandarin Oranges, Peas & Milk  WG Bug Bites, Side Kicks & Water	<b>15</b> Cheerios (WG) Banana & Milk  WG Pepperoni Pizza, Mixed Veggies, Mixed Fruit & Milk  Animal Crackers, Grapes & Water
	<b>18</b> Cinnamon Toast Crunch Banana & Milk  Chicken Strips w/ Ranch WG Dinner Roll Corn, Pineapple & Milk  Strawberry Chex & Water	<b>19</b> WG Pumpkin Bread Blueberries & Milk  Hot Dog on WG Bun Green Beans, Peaches & Milk  Ham Stick, String Cheese & Water	<b>20</b> Trix (WG), Clementine's & Milk  Spaghetti w/ Meat Sauce WG Noodles Carrots, Pears & Milk  Fruit Snack & Water	<b>21</b> WG Blueberry Muffin Appleslices & Milk  Chicken Patty on WG Bun Peas, Mandarin Oranges & Milk  BBQ Baked Lays, String Cheese	<b>22</b> Cheerios (WG) Banana & Milk  Cheesy Chicken Pasta (WG) Mixed Veggies, Mixed Fruit & Milk  Soft Pretzel, Cheese Sauce & Water
Week 12	<b>25</b> Cinnamon Toast Crunch Banana & Milk  WG Mini Corndogs Corn, Pineapple, & Milk  Goldfish Crackers & Water	<b>26</b> WG Strawberry Bagel Blueberries & Milk  French Toast, Breakfast Potato Sausage Patty, Peaches & Milk  WG Sun Chips, Honey Ham Stick & Water	<b>27</b> Trix (WG), Clementine's & Milk  Sloppy Joes, WG Bun Carrots, Pears & Milk  Emoji Crackers & Apple Juice	<b>28</b> WG Apple Muffin Appleslices & Milk  WG Grilled Cheese Sandwich Peas, Mandarin Oranges & Milk  Doritos & Water	<b>29 LAST DAY OF CAMP</b> Cheerios (WG) Banana & Milk  WG Cheese Bread, Mixed Veggies, Mixed Fruit and Milk  Blueberry Nutrigrain Bar & Water