## **APRIL 2025**

## WOODSON YMCA CHILD CARE MENU

	31	1 MC Franch Topost Stickey (Mondo Symm	2	3	4 WG Blueberry Chex Cereal
Week 4	Rice Crispy Cereal & Applesauce	WG French Toast Sticks w/Maple Syrup Strawberries	WG Banana Bread & Banana	Strawberry Cream Cheese Bagel	Banana
	BBQ Rib Sandwich on WG			& Blueberries	WG Zoo Nuggets w/BBQ
	Bun, Green Beans & Pears	Chicken Tacos, WG Tortilla Peas & Fruit Cocktail	Chicken Pasta Casserole Watermelon WG Breadstick	Hamburger on WG Bun with Ketchup Tatar Tots & Apple Slices	Carrots, Fresh Blackberries WG Breadstick
	Graham Crackers & Sidekicks		WG Bug Bites & Milk	WG Soft Pretzel w/Cheese Sauce	WG Chez its and Cherry Craisins
		Oyster Crackers & String Cheese	WO buy bites & Milk		
Week 5	7	8	9	10	11
	WG Cheerios & Applesauce	Yogurt Parfait and Peaches	WG Pumpkin Bread & Banana	WG Blueberry Pancakes w/Maple Syrup & Blueberries	WG Trix Cereal & Banana Chicken Strips w/ Ranch
	Scallop Potatoes w/ Diced Ham Pears, WG Dinner Roll	BBQ Pulled Pork on WG Bun Baked Beans & Fruit Cocktail	Swedish Meatballs over WG Pasta, Carrots	WG Cheese Pizza Steamed Cauliflower	Steamed Peas Fresh Blackberries
	,		Fresh Raspberries	Mandarin Oranges	WG Goldfish Cracker
	Cheddar Mix & String Cheese	WG Banana Oatmeal Round & Milk	WG Soft Pretzel w/ Cheese Sauce	Honey Ham Sticks Cheese Cubes	100% Grape Juice
	14	15	16	17	18
Week 1	WG Cheerios & Applesauce	-	WG Apple Muffin & Banana	WG English Muffin & Blueberries	Cinnamon Toast Crunch
	Sloppy Joes on WG Bun	WG Blueberry Waffles w/ Maple Syrup & Strawberries	···· • • • • • • • • • • • • • • • • •		& Banana
	Smiley Fries & Pears	WG Bosco Stick w/ Marinara	Chef Salad w/ Dressing	Pasta in Meatsauce	WG Corndogs with Ketchup Baby
	WG Vanilla Graham Cookie & Milk	Peas and Fruit Cocktail	Watermelon, WG Breadstick	Green Beans, Tropical Fruit & WG Garlic Bread	Carrots, Fresh Black Berries WG Dinner Roll
		WG Sunchips & String Cheese Under 2: Ritz	Apple Slies w/ Wow Butter	Pita Bread with Cucumber Dip & Milk	Animal Crackers w/Funfetti Dip
	21	22	23	24	25
Week 2					
	Rice Crispies & Applesauce	WG Pancake Bites w/ Maple Syrup Strawberries	WG Blueberry Muffin & Banana	WG Apple Strudle & Mixed Berries	Cheerios & Banana
	Build your Own Mashed Potatoes, Pears WG Dinner Roll	Beef Tacos w/WG Tortilla Peas, Fruit Cocktail	Chicken Alfredo w/ WG Pasta Steamed Broccoli & Watermelon	WG French Cheese Bread Steamed Carrots & Apple Slices	WG Chicken Nuggets with BBQ Sauce, Corn & Pears WG Dinner Roll Under2: Carrots
	Emoji Crackers and Pudding Cup Milk	Ritz Crackers & Cheese Cubes Under 2: String Cheese	WG Cheetos Puffs & Milk	Honey Ham Sticks & Wafer Crackers	Scooby Grahams Strawberry GoGurt
Week 3	28	29	30		
	WG Coco Puffs & Applesauce	Blueberry Waffle & Strawberries	WG Apple Muffin & Banana		
	Mac n Cheese w/ Popcorn Chicken Mixed Vegetables & Pears	Turkey and Gravy over Mashed Potatoes, Fruit Cocktail, WG Dinner Roll	Chicken Cutlet w/BBQ WG Seasoned Rice ,Carrots		
	Ritz Crackers & Taco Dip	WG Cinnamon Oatmeal Round	Watermelon Baked Lays, Baby Carrots		
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Breakfast Lunch

Alt: is for Allergies | \*Note: Children ages 1-2 will be provided with whole milk, children ages 3 and above will be served 1% milk. All milk served is pasteurized and fortified with Vitamins A&D.