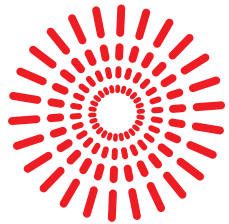




JULY 2024

WOODSON YMCA CAMP STURTEVANT MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 5	1 Cinnamon Toast Cereal Clementine's & Milk BBQ Chicken Sandwich WG Bun, Carrots, Pears, Milk Apples Slices, Cheese Cubes, & Water	2 WG Strawberry Bagel Applesauce & Milk Ravioli w/Marinara, Peas, Mandarin Oranges, WG Breadstick, Milk WG Bug Bites, Sidekicks & Water	3 Trix (WG), Clementine's & Milk Hot Dog on WG Bun, Tater Tots, Mixed Fruit & Milk Animal Crackers, Watermelon & Water	4 NO CAMP	5 NO CAMP
Week 6	8 Cinnamon Toast Crunch Banana & Milk Chicken Tenders WG Dinner Roll Corn, Pineapple & Milk Chex Mix & Water	9 WG Banana Bread Apple Slices & Milk Mac and Cheese with Diced Ham Green Beans, Peaches & Milk Tortilla Chips w/ Salsa & Water	10 Trix (WG), Clementine's & Milk Spaghetti w/ Meat sauce WG Noodles Carrots, Pears & Milk Soft Pretzel, Cheese Sauce & Water	11 WG Blueberry Muffin Applesauce & Milk Chicken Patty w/ WG Bun Tater Tots ,Mandarin Oranges & Milk BBQ Baked Lays & Water	12 Cheerios (WG) Blueberries & Milk Pizza, Mixed Veggies, Mixed Fruit & Milk WG Ritz Crackers Cheese Cubes & Water
Week 7	15 Cinnamon Toast Crunch Banana & Milk Popcorn Chicken WG Dinner Roll, Corn, Pineapple, & Milk Goldfish Crackers & Water	16 WG Pumpkin Bread Apple Slices & Milk WG French Toast, Breakfast Potato Sausage Patty, Peaches & Milk WG Sun Chips, String Cheese & Water	17 Trix (WG), Clementine's & Milk Sloppy Joes, WG Bun, Carrots, Pears & Milk Animal Crackers & Apple Juice	18 WG Apple Muffin, Applesauce & Milk WG Grilled Cheese Sandwich, Peas, Mandarin Oranges & Milk Graham Crackers Vanilla Pudding & Water	19 Cheerios (WG), Blueberries & Milk Cheesy Chicken Pasta, Mixed Veggies, Mixed Fruit & Milk Scooby Grahams, Side Kicks & Water
Week 8	22 Cinnamon Toast Crunch Banana & Milk Mini Corn Dogs, WG Dinner Roll Corn, Pineapple, & Milk WG Oatmeal Round & Water	23 WG Strawberry Bagel Clementine's & Milk Pizza Casserole WG Garlic Breadstick Green Beans, Peaches & Milk Tortilla Chips w/ Salsa & Water	24 Trix (WG), Blueberries & Milk Hamburger on WG Bun Carrots, Pears & Milk WG Ritz Crackers, Taco Dip & Water	25 WG Banana Muffin Applesauce, Milk Chicken Nuggets, Peas Mandarin Oranges & Milk Goldfish Crackers (WG) & Water	26 Cheerios (WG) Mixed Berries & Milk Pepperoni Pizza, Mixed Veggies, Mixed Fruit & Milk Apple Slices, Cheese Cubes & Water