



AUGUST 2024

WOODSON YMCA CAMP STURTEVANT MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
Week 9	July 29 Cinnamon Toast Crunch, Banana & Milk Popcorn Chicken, WG Dinner Roll, Corn, Pineapple, & Milk Ritz Crackers, String Cheese & Water	July 30 WG Strawberry Bagel Blueberries & Milk Cheeseburger on WG Bun Tater Tots, Peaches & Milk Soft Pretzel, Cheese Sauce & Water	July 31 Trix (WG), Clementine's & Milk Scalloped Potatoes w/ Diced Ham, WG Dinner Roll, Carrots, Pears & Milk Tortilla Chips w/ Salsa & Water	1 WG Blueberry Muffin, Applesauce & Milk Chicken Alfredo, WG Garlic Bread, Peas, Mandarin Oranges & Milk Apple Slices, Cheese Cubes & Water	2 Cheerios (WG), Blueberries & Milk Mac and Cheese with Ham, Mixed Veggies, Apple Slices & Milk Graham Crackers, Cantaloupe & Water			
	Week 10	5 Cinnamon Toast Crunch Banana & Milk Chicken Nuggets, WG Dinner Roll, Corn, Pineapple & Milk Soft Pretzel, Cheese Sauce & Water	6 WG Banana Bread Mixed Berries & Milk Chicken Pot Pie on WG Biscuit, Green Beans, Peaches & Milk Ritz Crackers, String Cheese & Water	7 Trix (WG), Clementine's & Milk Hot Ham and Cheese Sandwich on WG Bread Carrots, Pears & Milk Apple Slices, Cheese Cubes & Water	8 WG Banana Muffin, Applesauce & Milk Ravioli w/ Marinara, Peas Mandarin Oranges & Milk WG Bug Bites, Side Kicks & Water	9 Cheerios (WG), Mixed Berries & Milk WG Pepperoni Pizza, Mixed Veggies, Mixed Fruit & Milk Animal Crackers, Watermelon & Water		
		Week 11	12 Cinnamon Toast Crunch Banana & Milk Chicken Strips, WG Dinner Roll, Corn, Pineapple & Milk Chex Mix & Water	13 WG Pumpkin Bread Apple Slices & Milk Hot Dog on WG Bun Green Beans, Peaches & Milk Tortilla Chips w/ Salsa & Water	14 Trix (WG), Clementine's & Milk Spaghetti w/ Meat Sauce WG Noodles Carrots, Pears & Milk Soft Pretzel, Cheese Sauce & Water	15 WG Blueberry Muffin, Applesauce & Milk Chicken Patty on WG Bun Peas, Mandarin Oranges & Milk BBQ Baked Lays & Water	16 Cheerios (WG), Blueberries & Milk Cheesy Chicken Pasta, Mixed Veggies, Mixed Fruit & Milk WG Ritz Crackers Cheese Cubes & Water	
			Week 12	19 Cinnamon Toast Crunch Banana & Milk Mini Corndogs Corn, Pineapple, & Milk Goldfish Crackers & Water	20 WG Strawberry Bagel Apple Slices & Milk French Toast, Breakfast Potato Sausage Patty, Peaches & Milk WG Sun Chips, String Cheese & Water	21 Trix (WG), Clementine's & Milk Sloppy Joes, WG Bun Carrots, Pears & Milk Animal Crackers & Apple Juice	22 WG Apple Muffin, Applesauce & Milk WG Grilled Cheese Sandwich Peas, Mandarin Oranges & Milk Graham Crackers Vanilla Pudding & Water	23 LAST DAY OF CAMP Cheerios (WG) Blueberries & Milk WG Cheese Pizza, Mixed Veggies, Mixed Fruit & Milk Scooby Grahams, Side Kicks & Water