

Games & Equipment



Recreation Equipment Available at Member Services
Return to Member Services when finished playing.

Tower Ball

- Youth Lobby: Play during Staffed or Open Hours.
- Program Gym: Play during scheduled Family Gym time.

Bean Bag Toss

- Racquetball Court 2 & 3
- Youth Lobby: Play during Staffed or Open Hours.
- Program Gym: Play during scheduled Family Gym time.

Pickleball Paddle & Ball

- Fieldhouse: Play during scheduled Pickleball time.
- Program Gym: Play during scheduled Pickleball time.
- Program Gym: Families may play Pickleball during Family Gym time.

Racquetball Paddle & Ball

- Racquetball Courts 1, 2 & 3

Volleyball Ball & Net

- Racquetball Court 2 & 3

Badminton & Net

- Racquetball Court 2 & 3

Soccer Ball

- Program Gym: Play during scheduled Family Gym time.

Basketball

- Fieldhouse: Play during scheduled Basketball times.
- Program Gym: Play during scheduled Basketball times.



Program Gym
Wausau-Woodson YMCA
See Daily Schedules



Fieldhouse
Wausau-Woodson YMCA
See Daily Schedules



WOODSON YMCA

Age Requirements for Minors

WOODSON YMCA

Minors in the Woodson YMCA

Ages 10+ Members are welcome.

Ages 12+ Non-Members are welcome.

Children younger than the specified ages must be with a parent/guardian to be in our facility.

DAY PASS USAGE

Under Age 12 Must be with a parent.

Ages 12+ All are welcome.

WELLNESS CENTER

Cardio & Weight Machines

Ages 12-15 Must be with a parent/guardian or completed a Wellness Center Orientation. Register at the Member Service Desk.

Ages 15+ All are welcome.

Active Whirlers & WYNS teams members welcome.

Free Weights & Strength

Ages 12-15 Must be with a parent.

Ages 14-15 Welcome with school certificate.

Ages 16+ All are welcome.

Active Whirlers & WYNS teams members welcome.

Group Exercise Classes

Ages 12+ All are welcome to attend classes.

POOLS – Open Swim

Under Age 7 Must be with a parent/guardian in the water within arms length.

Ages 7-10 Must be with a parent/guardian on the pool deck at all times.

Ages 11+ May swim unattended if they are able to swim independently.

All life jackets must be Coast Guard approved.
No breath holding or extended underwater swimming is allowed.
Open Swim hours are available on our APP and website at:
WoodsonYMCA.com/pools

GYMS

Ages 10+ Members are welcome.

Ages 12+ Non-Members are welcome.

Children younger than the specified ages are welcome in the gym with a parent/guardian.

WALKING TRACK

Ages 7-9 Must complete our Walking Track Orientation to walk on track with a parent/guardian.

Ages 10+ Must complete our Walking Track Orientation to walk on track unsupervised.

Ages 12+ All are welcome.

Active Whirlers & WYNS teams members welcome.

The 15 minute Walking Track Orientation is required for children ages 7-12 and a parent/guardian must attend the orientation with the child. Register at the Member Service Desk.

YOUTH LOBBY

Under Age 7 Child must be accompanied by a parent or guardian in the Youth Lobby.

Ages 7-9 Parent or guardian MUST remain in the YMCA.

Staffed Hour: Youth must be signed-in by a parent or guardian and must remain in the Youth Lobby until parent or guardian returns to sign-out child.

Open Hour: Parents of 7-9 year olds can leave their child unsupervised in the Youth Lobby.

Ages 10+ Members are welcome to come and go during staffed and open hours.

MINI-CARE

Ages 6 Months – 6 Years

- Mini-Care is Free with a Family Membership.
- Reserve your day and time at the Member Service Desk.
- Parent/guardian must remain in the Y while child is in Mini-Care.
- Two hour maximum per day.
- No food or drinks in Mini-Care.

TODDLER PLAY AREA

Age 3 and Under – Only

- The Toddler Play Area is for Members only.
- Children must be supervised by a parent/guardian at all times.
- No food or drinks in the toddler play area.
- This area may be reserved at the Member Service Desk.

CAMP STURTEVANT (June – August)

Ages 5+ Day Camp

Ages 10-14 Explorers Camp

Ages 13-15 Leadership Camp

Ages 17+ Camp Counselor

BEHAVIOR POLICY

Membership at the Woodson YMCA is a privilege. All members are required to follow the 4 Core Values; Caring, Honesty, Respect and Responsibility while at our Y. Youth must sign the Youth Code of Conduct as well. Behavior outside of those Core Values will not be tolerated and are cause for suspension.