

Vavruska Pool

Activity Pool

Clara R. McKenna Aquatic Center- Antigo- October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 12-5pm: Open swim	2 6am-12pm: Adult swim 12-3pm: Therapy 3:30-7pm: Open swim	3 6-8am: Adult swim 8-8:45am: Aerobics 9-9:45am: Arthritis class 9:45am-12pm: Open swim Closed in the evening for swim meet	4 6am-12pm: Adult swim 12-3pm: Therapy 3:30-7pm: Open swim	5 6-8am: Adult swim 8-8:45am: Aerobics 9-9:45am: Arthritis class 9:45am-12pm: Open swim Closed in the evening for swim meet	6 6-10am: Adult swim 10am-12pm: Open swim 3:30-6:30pm: Open swim	7 11am-4pm: Open swim
8 12-5pm: Open swim	9 6am-12pm: Adult swim 12-3pm: Therapy 3:30-7pm: Open swim	10 6-8am: Adult swim 8-8:45am: Aerobics 9-9:45am: Arthritis class 9:45am-12pm: Open swim 3:30-7pm: Open swim	11 6am-12pm: Adult swim 12-3pm: Therapy 3:30-7pm: Open swim	12 6-8am: Adult swim 8-8:45am: Aerobics 9-9:45am: Arthritis class 9:45am-12pm: Open swim 3:30-7pm: Open swim	13 6-10am: Adult swim 10am-12pm: Open swim 3:30-6:30pm: Open swim	14 11am-4pm: Open swim
15 12-5pm: Open swim	16 6am-12pm: Adult swim 12-3pm: Therapy 3:30-7pm: Open swim	17 6-8am: Adult swim 8-8:45am: Aerobics 9-9:45am: Arthritis class 9:45am-12pm: Open swim 3:30-7pm: Open swim	18 6am-12pm: Adult swim 12-3pm: Therapy 3:30-7pm: Open swim	19 6-8am: Adult swim 8-8:45am: Aerobics 9-9:45am: Arthritis class 9:45am-12pm: Open swim 3:30-7pm: Open swim	20 6-10am: Adult swim 10am-12pm: Open swim Closed in the evening for swim meet	21 11am-4pm: Open swim
22 12-5pm: Open swim	23 6am-12pm: Adult swim 12-3pm: Therapy 3:30-7pm: Open swim	24 6-8am: Adult swim 8-8:45am: Aerobics 9-9:45am: Arthritis class 9:45am-12pm: Open swim 3:30-7pm: Open swim	25 6am-12pm: Adult swim 12-3pm: Therapy 3:30-7pm: Open swim	26 6-8am: Adult swim 8-8:45am: Aerobics 9-9:45am: Arthritis class 9:45am-12pm: Open swim 3:30-7pm: Open swim	27 6-10am: Adult swim 10am-12pm: Open swim 3:30-6:30pm: Open swim	28 11am-4pm: Open swim
29 12-5pm: Open swim	30 6am-12pm: Adult swim 12-3pm: Therapy 3:30-7pm: Open swim	31 6-8am: Adult swim 8-8:45am: Aerobics 9-9:45am: Arthritis class 9:45am-12pm: Open swim 3:30-7pm: Open swim	<p>Visit our Facebook Page, Clara R. McKenna Aquatic Center, for pool updates and announcements!</p> <p>Contact info: Abby Tesch- Senior Director of Aquatics and Competitive Sports P: (715) 627-0497 E: Atesch@woodsonymca.com W: https://www.woodsonymca.com/antigo/</p>			



Remington Pool

Competition Pool

Clara R. McKenna Aquatic Center- Antigo- October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 12-5pm: Open/lap swim	2 5:15-11am: Lap/open swim 8-8:45am: Aerobics 3:30-5:45pm: Swim Team 5:45-7pm: Lap swim	3 5:15-11am: Lap/open swim <i>Closed in the evening for swim meet</i>	4 5:15-11am: Lap/open swim 8-8:45am: Aerobics 3:30-5:45pm: Swim Team 5:45-7pm: Lap swim	5 5:15-11am: Lap/open swim <i>Closed in the evening for swim meet</i>	6 5:15-11am: Lap/open swim 8-8:45am: Aerobics 3:30-5:45pm: Swim Team 5:45-6:30pm: Open/lap swim	7 11am-4pm: Open/lap swim
8 12-5pm: Open/lap swim	9 5:15-11am: Lap/open swim 8-8:45am: Aerobics 3:30-7pm: Lap/open swim 3:30-5:45pm: Swim team (3)	10 5:15-11am: Lap/open swim 3:30-7pm: 3:30-7pm: Lap/open swim 3:30-5:45pm: Swim team (3)	11 5:15-11am: Lap/open swim 8-8:45am: Aerobics 3:30-7pm: Lap/open swim 3:30-5:45pm: Swim team (3)	12 5:15-11am: Lap/open swim 3:30-7pm: Lap swim	13 5:15-11am: Lap/open swim 8-8:45am: Aerobics 3:30-6:30pm: Lap/open swim 3:30-5:45pm: Swim team (3)	14 11am-4pm: Open/lap swim
15 12-5pm: Open/lap swim	16 5:15-11am: Lap/open swim 8-8:45am: Aerobics 3:30-7pm: Lap/open swim 3:30-5:45pm: Swim team (3)	17 5:15-11am: Lap/open swim 3:30-7pm: Lap/open swim 3:30-5:45pm: Swim team (3)	18 5:15-11am: Lap/open swim 8-8:45am: Aerobics 3:30-7pm: Lap/open swim 3:30-5:45pm: Swim team (3)	19 5:15-11am: Lap/open swim 3:30-7pm: Lap/open swim 3:30-5:45pm: Swim team (3)	20 5:15-11am: Lap/open swim 8-8:45am: Aerobics <i>Closed in the evening for swim meet</i>	21 11am-4pm: Open/lap swim
22 12-5pm: Open/lap swim	23 5:15-11am: Lap/open swim 8-8:45am: Aerobics 3:30-7pm: Lap/open swim 3:30-5:45pm: Swim team (3)	24 5:15-11am: Lap/open swim 3:30-7pm: Lap/open swim 3:30-5:45pm: Swim team (3)	25 5:15-11am: Lap/open swim 8-8:45am: Aerobics 3:30-7pm: Lap/open swim 3:30-5:45pm: Swim team (3)	26 5:15-11am: Lap/open swim 3:30-7pm: Lap/open swim 3:30-5:45pm: Swim team (3)	27 5:15-11am: Lap/open swim 8-8:45am: Aerobics 3:30-6:30pm: Lap/open swim 3:30-5:45pm: Swim team (3)	28 11am-4pm: Open/lap swim
29 12-5pm: Open/lap swim	30 5:15-11am: Lap/open swim 8-8:45am: Aerobics 3:30-7pm: Lap/open swim 3:30-5:45pm: Swim team (3)	31 5:15-11am: Lap/open swim 3:30-7pm: Lap/open swim 3:30-5:45pm: Swim team (3)	Visit our Facebook Page, Clara R. McKenna Aquatic Center, for pool updates and announcements! Contact info: Abby Tesch- Senior Director of Aquatics and Competitive Sports P: (715) 627-0497 E: Atesch@woodsonymca.com W: https://www.woodsonymca.com/antigo/			

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