



SWIM LESSONS

SUMMER 2 July 11th – August 5th

Members \$40 | Registration Starts June 28th

Non-Members \$64 | Registration Starts July 5th



Swim Lessons – Wausau

Monday & Wednesday AM | 30 Minutes

Parent/Child	10:10 – 10:40	AM
Preschool 1	9:00 – 9:30	AM
Preschool 1	10:45 – 11:15	AM
Preschool 2	9:35 – 10:05	AM
Stage 1	11:25 – 11:55	AM
Stage 2	10:50 – 11:20	AM

Monday & Wednesday PM | 30 Minutes

Parent/Child	4:50 – 5:20	PM
Preschool 1	4:15 – 4:45	PM
Preschool 2	5:25 – 5:55	PM
Stage 1	5:05 – 5:35	PM
Stage 1	5:55 – 6:25	PM
Stage 2	4:15 – 4:45	PM
Stage 2	6:30 – 7:00	PM

Monday & Wednesday PM | 45 Minutes

Stage 3	4:15 – 5:00	PM
Stage 4	5:05 – 5:50	PM

Swim Lessons – Wausau

Tuesday & Thursday AM | 30 Minutes

Parent/Child	10:25 – 10:55	AM
Preschool 1	9:50 – 10:20	AM
Preschool 2	9:15 – 9:45	AM
Preschool 2	11:00 – 11:30	AM
Stage 1	9:15 – 9:45	AM
Stage 2	10:05 – 10:35	AM

Tuesday & Thursday AM | 45 Minutes

Stage 3	10:05 – 10:50	AM
Stage 4	9:15 – 10:00	AM
Stage 5	10:55 – 11:40	AM

Tuesday & Thursday PM | 30 Minutes

Parent/Child	5:25 – 5:55	PM
Preschool 1	4:50 – 5:20	PM
Preschool 2	4:15 – 4:45	PM
Stage 1	4:15 – 4:45	PM
Stage 2	5:55 – 6:25	PM

Tuesday & Thursday PM | 45 Minutes

Stage 3	5:05 – 5:50	PM
Stage 4	5:05 – 5:50	PM
Stage 5	4:15 – 5:00	PM

Swim Lessons – Aspirus

Monday & Wednesday PM | 30 Minutes

Stage 1	4:00 – 4:30	PM
Stage 2	5:25 – 5:55	PM

Monday & Wednesday PM | 45 Minutes

Stage 3	4:35 – 5:20	PM
Stage 4	4:35 – 5:20	PM
Stage 5	5:25 – 6:10	PM

Swim Lessons – Aspirus

Tuesday & Thursday PM | 30 Minutes

Stage 1	4:15 – 4:45	PM
Stage 1	5:05 – 5:35	PM
Stage 2	5:05 – 5:35	PM

Tuesday & Thursday PM | 45 Minutes

Stage 3	4:15 – 5:00	PM
Stage 4	5:40 – 6:25	PM

Swimming Stages

Swim Starters – Parent/Child

- A Water Discovery
- B Water Exploration

- Swim Basics
- 1 Acclimation
- 2 Movement
- 3 Stamina

Swim Strokes

- 4 Stroke Introductions
- 5 Stroke Development
- 6 Stroke Mechanics

Question? Go to:
woodsonymca.com/swimlessons

Parent must be in the water during class, 6 months to 36 months.

Woodson YMCA – Wausau
 707 N. 3rd St., Wausau
 715-845-2177

Woodson YMCA – Aspirus
 3402 Howland Ave., Weston
 715-841-1850

Register for swim lessons at:
woodsonymca.com/swimlessons

Chelsea Klutterman
 Aquatics Director
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