



Woodson YMCA – Wausau Branch

Summer Gym Schedule
June 10 - September 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 10:00am - 2:00pm	Adult Basketball 5:00am-6:00am	Group Ex/A. B-ball 5:00am-7:30am	Adult Basketball 5:00am-6:00am	Group Ex/A. B-ball 5:10am-5:55am	Group Ex/A. B-ball 5:10am-5:55am	Open Gym 7:00am - 5:00am
	HIIT 6:05am-7:00am		Boot Camp 6:05am-7:00am	Adult Basketball 6:05am-7:40am	Boot Camp 6:05am-7:00am	
	Open Gym 7:00am-7:45am	Open Gym 7:30am-8:45am	Open Gym 7:00am-8:15am	Group Ex. Class 7:45am-8:45am	Open Gym 7:00am-7:45am	
	Group Ex. Classes 7:45am-11:00am	Group Ex. Classes 8:45am-11:00am	Group Ex. Classes 8:15am-11:00am	Open Gym 9-10am Group Ex. Class 10-11am	Group Ex. Classes 7:45am-11:00am	
	Adult Basketball 11:00am-1:30pm	Adult Basketball 11:00am-1:30pm	Adult Basketball 11:00am-1:30pm	Adult Basketball 11:00am-1:30pm	Adult Basketball 11:00am-1:30pm	
	Open Gym 1:30pm – 4:30pm	Open Gym 1:30pm - 5:30pm	Open Gym 1:30pm – 8:00pm	Open Gym 1:30pm – 4:45pm	Open Gym 1:30pm – 8:00pm	
	Group Ex. Classes 4:30pm-6:15pm	Group Ex. Classes 5:30pm-6:15pm		Group Ex. Classes 4:45pm-6:15pm	Open Gym 1:30pm – 8:00pm	
	Open Gym 6:15pm-8:00am	Open Gym 6:15am-8:00pm		Open Gym 6:15pm-8:00pm		

