

SPRING INTO FALL!

Fall 1

Member Registration: Monday Aug.16
Non Member Registration: Monday Aug. 23

Class dates: Sept. 6- Oct. 23, 2021**
**No classes Labor Day – Sept. 6

Fall 2

Member Registration: Monday Oct. 18
Non Member Registration: Monday Oct. 25

Class dates: Nov. 1- Dec. 18, 2021**
**No classes Thanksgiving Day – Nov. 25

PRESCHOOL FALL CLASSES (1.5 – 5 YEARS)

Preschool classes will need one parent or adult to aid the gymnast during class. The morning preschool classes will be held in the Gymnastics Center – evening classes will continue to be held in the Jr. Gymnastics Training Center located in the lower level.

GYMNECRICKET (1.5- 3 years)

Staff will direct parents and children through activities that develop gross motor skills, improve listening skills and accommodate short attention spans. Children will enhance motor development, coordination, poise and agility while learning age-appropriate gymnastics skills. This is a parent/child class.

Fees: Member - \$47 Non-Member - \$59

Search: Gymnastics - Gymnecricket

MONDAY 4:45- 5:15 pm

MONDAY 5:35- 6:05 pm

TUESDAY 4:30- 5:00 pm

KINDER GYMNASTICS (3-5 years)

Increases self-confidence as a mover, improves coordination and agility. With structured lesson plans your child will learn basic skills on vault, balance beam, floor exercise, kinder trampoline, and kinder bars. Parent/adult MUST aid in all Kinder classes (Successful completion of prior class to move to next level)

KINDER 1 (3-4 years)

Fees: Member - \$47 Non-Member - \$59

Search: Gymnastics - Kinder 1, 2, 3

MONDAY 6:25- 6:55 pm

TUESDAY 5:20- 5:50 pm

WEDNESDAY 5:50- 6:20 pm

THURSDAY 4:30- 5:00 pm



KINDER 2 (4-5 years)

A continuation of learned skills from Kinder-1 gymnastics. Gymnasts will continue to build basic skills and body awareness on all equipment.

Fees: Member - \$52 Non-Member - \$63

Search: Gymnastics - Kinder 1, 2, 3

WEDNESDAY 4:45- 5:30 pm

THURSDAY 6:25- 7:10 pm

KINDER 3 (4-5 years)

(Successful completion of Kinder-2 required or previous kindergymnastics experience)

Fees: Member - \$52 Non-Member - \$63

Search: Gymnastics - Kinder 1, 2, 3

TUESDAY 6:10- 6:55 pm

THURSDAY 5:20- 6:05 pm



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Over for Ages 5+



GYMTRICKS (Coed 5 years and up)

A class for children ages 5 and older who have never taken gymnastics classes before or has very limited experience. Gymnasts in this class will learn the basic fundamentals on all four pieces of equipment – Vault, Uneven Bars, Balance Beam, and Floor Exercise.

Location: North Gymnastics Center – Wausau Branch

Fees: Member - \$73 Non-Member - \$89

Search: Gymnastics – Gymtricks

MONDAY 4:15- 5:15 pm

MONDAY 5:30- 6:30 pm

WEDNESDAY 4:15- 5:15 pm

SATURDAY 9:30- 10:30 am

SATURDAY 10:45-11:45 am

JUNIOR OLYMPICS (Coed 6 years and up)

Gymnasts will learn appropriate Junior Olympic skills for levels 1, 2, and 3 in gymnastics on all four pieces of equipment. Classes will enhance motor development, coordination, poise and agility, while building self-confidence and athletic development for all sports.

- JO-1 Gymnast should be able to do a handstand against the wall and a cartwheel. On bars the gymnast should be able to do a pull-up and lift legs to the bars.
- JO-2 Gymnast should be able to do a handstand on floor and a bridge with STRAIGHT arms to kick over with feet elevated on a raised surface. On bars gymnast should be able to do a pull up/pull over.
- JO-3 Gymnast should be able to do a handstand on floor alone, bridge and kick over with straight arms from the floor, and round-off with correct hurdle. On bars the gymnast should be able to do a pull up pull over and glide swing holding feet up.

Fees: Member - \$73 Non-Member - \$89

Search: Gymnastics – JO-1, JO-2, JO-3

Junior Olympic-1

MONDAY 4:15- 5:15 pm

MONDAY 5:30- 6:30 pm

WEDNESDAY 4:15- 5:15 pm

WEDNESDAY 5:30- 6:30 pm

SATURDAY 12:00-1:00 pm

Junior Olympic-2

TUESDAY 11:30- 12:30 pm

TUESDAY 4:30- 5:30 pm

WEDNESDAY 5:30- 6:30 pm

SATURDAY 9:30- 10:30 am

SATURDAY 10:45- 11:45 pm

Junior Olympic-3

THURSDAY 4:30- 5:30 pm

SATURDAY 12:00-1:00 pm

**SIGN UP FOR
SCHOOL'S OUT
2021- 2022
GYMNASTICS CAMPS**



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Program Scholarships Available. Ask us for details.**