

AGE GUIDELINES FOR MINORS

Woodson YMCA

the



	MEMBER ACCESS	NON-MEMBER ACCESS
Gym	10	12
Pool	10	12
Group Exercise studios	12	12
Wellness Center - Cardio	12-15 with training	12-15 with training
Wellness Center - Strength	16	16
Track	10 alone Ages 7+ with parent	12
Youth Lobby	10+ can leave area 7-9 stay in area	7-11 Must stay in area
Mini Care	Age 6 wks to 6 yrs	NA
Child Care	Age 6 wks to 12 yrs	Age 6 wks to 12 yrs
Day Pass Usage		12

Note: Minor children who are members can be alone at age 10 in Y facilities.